

## The Reward/Reinforcement should be something the dog loves!

A treat is whatever your dog will happily work for. Some of the strongest treats are things you can't feed the dog such as the opportunity to chase a squirrel, go swimming, or roll around on the floor with you. However, food treats have some advantages such as speed, gumming up your dog's mouth (potentially) and the lack of a need to carry around a lake in your pocket.

Here is a compilation of suggestions for treats . Some suggestions are for healthy treats, some are suggestions for treats to entice dogs that don't seem to have any interest in treats and are not healthy. I also list some commercial treats

Every dog will have high, medium, and low value treats. To test different treats lay out samples of three treats on the floor and write down which one they go for first. Do this for a variety of different treats and you will have a good idea of what is a low level treat that may only interest your dog at home and what is a high value treat that will catch his attention even when you are in a busy new environment.

<b>Non food:</b>	<b>Dog Treats:</b>	<b>Meat (raw, baked, boiled, sliced thin and microwave for a few minutes until jerky texture, or freeze dried by putting in the freezer until dried out):</b>
30 seconds of tug One throw of a ball Frisbee Attention from owner/stranger (especially effective as a reward for calm greeting) A good rub (ear, chest, wherever the dog likes it)	Normal kibble Other kibble (different brand or flavor) Cheerios Kix cereal Rice Krispies <b>If you want to increase the value of these treats you can put them in a plastic baggie and add:</b> A piece of liver Juice from canned tuna Meat	Chicken Beef Pork Venison Heart Kidney Liver (small amounts - rich) Lung Gizzards
Natural Balance rolls (cut into slices and then pinch off small pieces)	Cat food (wet or dry, it tends to be higher value than dog food)	
<b>People Food:</b>		

<p>Sardines blended into low-fat cottage or ricotta cheese  Tuna (canned)  Mackerel (canned)  Salmon (canned)  Teriyaki chicken breast  Green tripe (freeze dried)  Bologna  Pastrami  Pepperoni  Hot dogs  Sausage patties  Meatballs dredged in garlic powder  Meat baby food  Cooked pasta  Gerber graduates finger food  Popcorn</p> <p>:</p>	<p>Dried banana chips  Cheese puffs  Potato chips  Pizza crust  Graham crackers  Cheese Nips  Seasoned bread cubes (stuffing mix)  Sour dough bread  Oatmeal  Rice cakes  Fig newtons  Crushed ice pieces  Cheese (shredded and frozen)  String cheese  Low fat cheese  Peanut butter</p>	<p>Canned/Spray cheese (cheez whiz)  Cream cheese  Canned pumpkin  Sweet Potato  Mushrooms  Carrots  Apple  Green bean  Celery  Broccoli  Cauliflower  Cantaloupe  Green peppers  String beans  Strawberry tops  Cucumber  Tomatoes  Squash</p>
<b>Commercial Treats</b>		
<p>Kong Tots (1calorie/treat)  <b>Kong</b> stuffings (squeeze can)  <b>Charlie Bears</b> (3 calorie/treat)  CrazyPet treats  Zukes mini naturals  Pooch passions yogurt drops</p>	<p><b>Wellness</b> real meat jerky treats  <b>Bravo</b> dry roasted treats  K9 carry outs  Scooby snacks  <b>Solid Gold</b> turkey jerky  <b>Bil-jac</b> liver treat  Yummie Chummies</p>	<p>Pooch passions freeze dried ice cream  Grizzly Nu treats  Itty Bitty Buddy Biscuits</p>